List of Contributors

Dr Mark Aveline retired from his NHS post in 2001 and is now Emeritus Consultant in Psychotherapy and Psychiatry with Nottinghamshire Healthcare NHS Trust. He is also Honorary Professor of Counselling and Psychotherapy at Leicester University and was President of the Society for Psychotherapy Research during 2003–4.

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Gerhard Baumer TO FOLLOW

Ann Casement is a training analyst at the Association of Jungian Analysts, London, which she represents on the Executive Committee of the International Association for Analytical Psychology. She is a licensed New York state psychoanalyst. She also contributes articles and book reviews to The Economist and professional journals.

Cassie Cooper is a practising Kleinian trained Psychoanalytic Psychotherapist and Counselling Psychologist with a strong interest in Attachment Theory. She is a founder member and Fellow of The British Association for Counselling and Psychotherapy and an active member of The United Kingdom Council for Psychotherapy. She has contributed chapters in 12 text books on psychotherapy and counselling, some of which are now translated into Italian and German. The former Head of a University Diploma Course in Counselling, she continues to work full time as a psychotherapist and supervisor in the South London area, plus acting as consultant to Carlton TV on counselling issues. Her recently completed Doctorate was entitled Cult Membership as a Disorder of Attachment.

Peggy Dalton is a Fellow of the Royal College of Speech and Language Therapists and a PCP Psychotherapist, working with both children and adults. She is a member of PCP Education and Training, involved in course development, teaching and supervision. Her writing includes A Psychology for Living with Gavin Dunnett (2nd edn; Whurr, 2005) and Counselling People with Communication Problems (Sage, 1994).
Juliet Denham is an associate teaching and supervising member of the Gestalt Psychotherapy and Training Institute and part of the training team at Manchester Gestalt Centre. She works in Birmingham and Shropshire as an individual and group therapist and supervisor and teaches in several training centres in Britain and Europe.

Emmy van Deurzen TO FOLLOW

Mark Dunn, Consultant Psychotherapist. Mark trained as a psychotherapist at Guys Hospital and specialises in CAT. He teaches psychotherapy and is an experienced clinical practitioner and supervisor in a range of therapeutic models. He retired from the NHS in 2004 and leads a private psychotherapy clinic. In addition he works with the Metropolitan Police and other organisations in coaching, employee assistance and executive support roles. He can be contacted at: mark@bridgepsych.com and www.bridgepsych.com.

Colin Feltham, PhD, FBACP, FRSA is Reader in Counselling, Sheffield Hallam University and Course Leader for the MA Professional Development in Counselling and Psychotherapy. His publications include the Dictionary of Counselling (2nd edn, with Windy Dryden; Whurr, 2004), Problems Are Us (Braiswick, 2004) and What’s Wrong with Us?: The Anthropathology Thesis (Wiley, forthcoming).

Fay Fransella is Founder of the Centre for Personal Construct Psychology at the University of Hertfordshire; Reader Emeritus in Clinical Psychology, University of London; and visiting Professor of Personal Construct Psychology at the University of Hertfordshire. Her books include Personal Construct Counselling in Action (with Peggy Dalton, 2nd edn; Sage, 2000) and as editor Essential Practitioner’s Handbook of Personal Construct Psychology (Wiley, 2005).

Robin Hobbes is a Teaching and Supervising Transactional Analyst. The former chair of the British Institute of Transactional Analysis he now chairs the Institute’s clinical Sub-Committee. He co-directs Elan training – a psychotherapy and counselling training centre in Manchester.

Henry Hollanders TO FOLLOW

Caroline Kitcatt is a person-centred counsellor, trainer and supervisor. She is the Centre Director of the Norwich Centre for Personal and Professional Development and the Managing Director of Norwich Centre Projects Ltd. She is an associate tutor on the Post-Graduate Diploma in Counselling at the University of East Anglia.

Dr Alessandra Lemma is a psychoanalyst and psychoanalytic psychotherapist. She works as a Consultant Clinical Psychologist in the Adolescent Department

**Dr Stirling Moorey** is Consultant Psychiatrist in CBT and Head of Psychotherapy for the South London and Maudsley NHS Trust. He trains psychiatrists and other professionals in CBT. He is currently researching the efficacy of CBT in palliative care and is co-author of *Cognitive Behaviour Therapy for People with Cancer*.

**Bill O’Connell** is currently the Director of Training with Focus on Solutions Limited, a company specializing in the delivery of training in the solution-focused approach. Until 2003 he was a Senior Lecturer at the University of Birmingham where he headed the MA in Solution-Focused Therapy programme. He is a Fellow of the BACP and an accredited counsellor. He has a background in social work and youth work. He is the author of *Solution Focused Therapy* (Sage, 1998), *Solution Focused Stress Counselling* (Continuum/Sage, 2001) and co-editor with Dr Stephen Palmer of the *Handbook of Solution Focused Therapy* (Sage, 2003). E-mail: focusonsolutions@btconnect.com.

**Malcolm Parlett** is Visiting Professor of Gestalt Psychotherapy at the University of Derby, a teaching and supervising member (and co-founder) of the Gestalt Psychotherapy and Training Institute, Editor of the *British Gestalt Journal*, and a psychotherapist and organizational consultant in private practice. He is the author of many chapters and papers about Gestalt therapy.

**Martin Payne** counsels in Primary Care in Norwich. Initially a person-centred counsellor, he more recently undertook training in Narrative Therapy with Michael White. His publications include articles for *Context, Counselling* and the *British Journal of Guidance and Counselling*, and *Narrative Therapy: an Introduction for Counsellors* (2nd edn; Sage, 2006).

**David Richards**, Professor of Mental Health at the University of York, develops, measures and tests new ways of organising low-intensity treatments for people with mental health problems in primary care. He is at the forefront of efforts to improve access to treatment for those suffering from common emotional distress.

**Brian Thorne** is Emeritus Professor of Counselling at the University of East Anglia, Norwich and a Co-founder of the Norwich Centre. He has contributed
substantially to the professional literature and his autobiography, *Love’s Embrace*, has recently been published (PCCS Books, 2005).

**Keith Tudor** is a qualified and registered psychotherapist with a practice in Sheffield where he is a founding Director of Temenos. He is a Teaching and Supervising Transactional Analyst. He is the author/editor of seven books in the field of psychotherapy and mental health, the editor of a series of books on *Advancing Theory in Therapy* (published by Routledge), and an Honorary Fellow in the School of Health, Liverpool John Moores University.

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**Grant Weselby** is a chartered Clinical Psychologist based in a Community Mental Health Team. Within this role he applies PCP clinically as well as providing input to the local PCP Foundation Training Course.