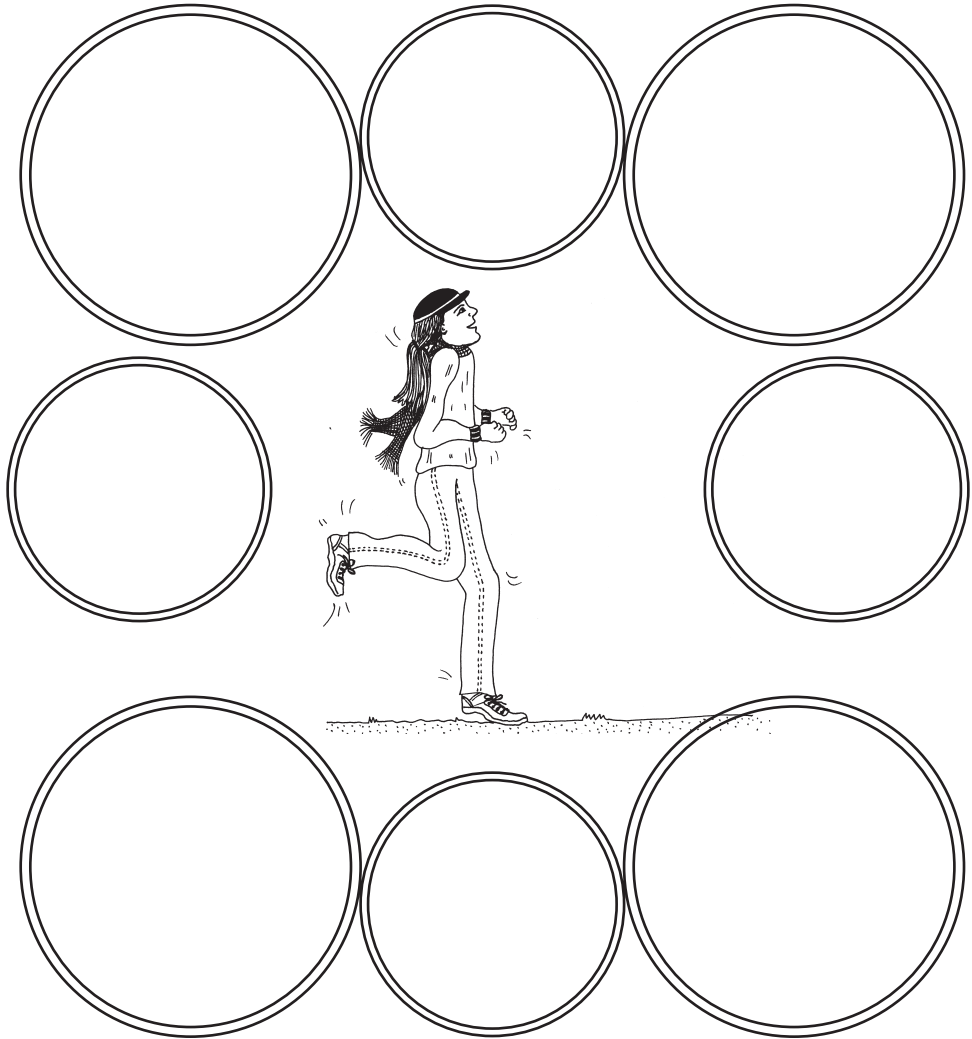


Run out
your anger!

Move It!

Jump out
your jealousy!

How can you shake off your anger?
Record your ideas inside the balls.



Share your ideas with a friend. Does the use of physical exercise work for both of you? What are the differences?